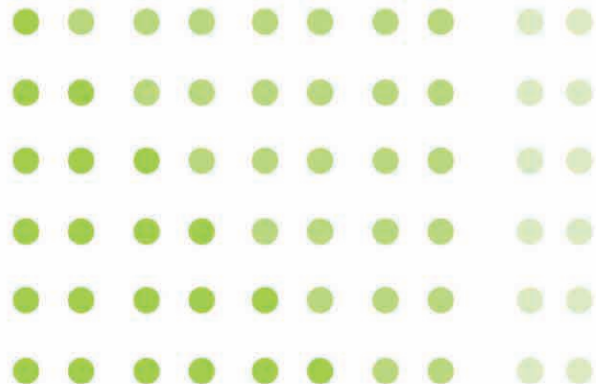




# Wellness



Arabian Home Healthcare gives focus on the promotion and maintenance of well being by introducing us to its wellness products. Such products alleviate the neck, back and pain problems caused by improper body positioning during our daily activities. Wellness products include coccyx relief wedges, back supports, neck rest cushions, massagers, orthopedic pillows, mattresses and more.





**Cervical Neck Pillow**

W-1.97

- Anatomically shaped for correct alignment of the spine whether you sleep on your side or back
- Relieves pain and relaxes muscles
- Dissipates heat for extra comfort
- Hand washable non allergenic
- Moulded polyurethane for extra support



**Transit Neck Pillow**

W-2.97

Neck companion pillow for traveling or whenever you need extra neck support. The shape cradles the neck and holds the pillow in place.

Size: 30 x 28 x 11 cms



**"V" Shaped Pillow**

W-3.97

Superbly comfortable and gives excellent shoulder and neck support whilst relaxing either in bed or the chair

- Comfy fibre filling
- Fitted pillowcase available



**A.) 4" & 5" Circular Lumbar Rolls** W-4.97

For armchair or sofa

**B.) 4" & 5" "D" Lumbar Rolls** W-5.97

For smaller framed person

- All rolls 28cm (11") long
- For home, office or car use
- Top quality inner and washable luxury velour covering
- Easily portable & held in place with elasticated buckled strap



INCLUDES MEMORY FOAM FILLING

**A.) Designer Wedge** W-6.97

A base of high resilience foam to maintain support is fused with 3cm of visco elastic memory foam to give maximum comfort and pressure relief. An 8° angle ensures the natural 'S' shape of the spines is maintained. Vibration absorbing adaptable memory foam is particularly suited to aid in the relief of disc lesions, arthrosis and



**B.) Coccyx Relief Cut Out** W-7.97

Each wedge can be supplied with the coccyx relief cut out for comfort where sensitive areas need to be isolated from the corrected seating posture. degenerative joint disease.

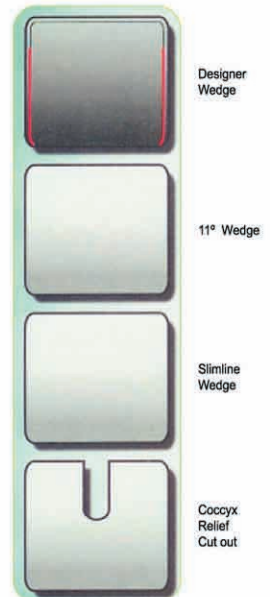
**11° Wedge** W-8.97

The 11° wedge significantly aids the relief of lower back and leg pain when sitting for long periods.

**Slimline Wedge** W-9.97

Ideal for use in car or in situations where headroom is restricted.

TYPES OF WEDGE



Relief Wedge correct spinal position



### Ring Cushion

W-10.98

Allows the user to sit for longer periods as it is made from visco elastic memory foam which responds to temperature and weight and reduces interface pressure on the body.

- Visco elastic memory foam increased comfort and pressure relief
- Fitted inner and washable slipover cover



### Lumbar Back Cushions

W-11.98

- Designed to reduce low back pain and muscle tension while seated for prolonged
- Maintains natural lumbar curve while it cradles and supports the lower back.

- Available with contoured side panels to mold to the shape of the back, also available with a flat surface.
- Comes with standard navy stretch knit cover. Also available, navy, black grey polycotton or tweed cover.



### Contour Back Cushion

W-12.98

- Firm foam core with contoured sides and surface correctly positions the back with Velcro to provide extra support & comfort.
- The adjustable lumbar support custom fits to correctly position the back to better relieve muscle tension, improve respiration and remove stress on the discs which can be most severe while seated.

- Aligns the spine for correct seating posture.
- Securely fastens to any chair with elastic straps.



### Bed Care Leg Raiser

W-13.98

Manufactured to an ergonomically beneficial angle designed to support the back of the knee and heel whilst allowing the calf to relax.

- Takes pressure from the lower back and stimulates circulation
- Eases symptoms of oedema, varicose veins, back pain and fatigue
- Fitted with removable fleece cover
- Spare covers available



### Bed Care Mattress Tilter

W-14.98

Placed under an existing mattress to give a 5° tilt. It will relieve symptoms of oedema, varicose veins, low back pain and general fatigue. Use at the head of the bed to alleviate hiatus hernia and respiratory difficulties.

- Use either at the head or foot of the bed depending upon condition
- Fitted with removable fleece cover
- Spare covers available



### Gel Foam Mattress Overlay

W-15.99

Therapeutic Support Surfaces are designed to aid in the prevention and treatment of pressure ulcers. Three types of modalities allow you to choose the right product for the individual user. Product types include alternating pressure overlays, gel overlays, and foam mattress replacements.

- Several large 2" thick gel bladders inside polyurethane foam provide maximum patient comfort
- Reversible for increased service life
- Durable base material with strong elastic corner straps reduce overlay movement
- Vapor permeable water-resistant cover with low friction and shear.
- Does not contain latex

Overall Length:	80"	Thickness:	3.5"
Overall Width:	36"	Product Weight Capacity:	250 lbs.



### Daily Spa Complete Facial Care System W-16.99

#### Facial Cleanser and Pore Refiner

- Rechargeable facial cleanser with stand-up charging base
- Six (6) attachments included:
  - Large pore cleanser
  - Small pore cleanser
  - Cleansing facial brush
  - Massage rollers
  - Microdermabrasion sponges
- 2 oz. Microdermabrasion cream
- 2 oz. moisturizing facial cream

#### Facial Sauna

- Hard storage case for attachments
- Drawstring carry bag for convenient storage
- Soothing steam mist helps to improve skin tone
- Adjustable steam control
- Angled mask with soft-touch rim
- Quick heat-up
- Automatic shut-off ensures safe use



### Palm Percussion™ Personal Massager W-17.99

Equipped with a fingertip variable speed control and three attachments.

#### Features

- Penetrating percussion action with a single pivoting head and heat therapy invigorates tired, sore muscles.
- 3 distinct attachments to create the precise massage you want:
  1. Pinpoint Cushion; 2. Contour and 3. Heated
- Fingertip variable speed control allows you to choose from gentle to invigorating at the slide of the dial.
- Lightweight design and adjustable strap make it easy to operate with one hand.



### Infrared Massager W-18.99

#### Features

- 6 custom attachments to create the precise massage you want:
  1. Thermal Heat
  2. Microfinger
  3. Rolling
  4. Finger Point
  5. Gentle Body
  6. Multi-acunode
- Easily reach all body areas with the soft-grip, adjustable handle design.
- Powerful massage action with heat revitalizes and relaxes sore muscles.
- Thermal heat penetrates deep and infrared heat provides soothing heat therapy.



Swedish Style Massage

### Therapist Select™ Wave Action™ Massager with Heat *W-19.100*

The Therapist Select™ Wave Action™ Massager with Heat gives you a smooth, not jarring Swedish Style Massage.

#### Features

- Over 2,900 massage strokes per minute, simulating Swedish-style massage.
- Provides a wave of relaxation by using dual gliding heads to relieve muscle tension.
- Compact, lightweight design makes it easy to use and maneuver.
- Adjust from gentle to invigorating by simply sliding a switch.
- 3 custom attachments: 1. Rolling for a Gentle Sensation; 2. Heated for Soothing Therapy; and 3. Large Acunode Rejuvenates Worn Muscles
- Rubberized handle for easy grip and handling.



### Foot Pro Ultra™ Luxury Foot Massager *W-20.100*

#### Features

- Vibrating platform massage soothes and relaxes tired feet.
- Convenient toe-tap controls allow you to choose from low to high massage intensity.
- Infrared heat therapy to the soles of your feet for added relief – can be used with or without heat.



### Foot Pleaser™ Ultra Deep Kneading Foot Massager *W-21.100*

#### Features

- Counter-rotational massage action relieves worn muscles with true, "Thumb Pressure."
- Soothing infrared heat provides relaxing heat therapy for weary feet.
- Select massage or massage and heat combined.



### Foot Rejuvenator™ Ultra Luxury Foot Spa *W-22.100*

#### Features

- Exclusive dual spinning pedicure center pampers your feet like a salon professional.
- 6 custom attachments, including:
  1. Cleansing Brush
  2. Massaging Rollers
  3. Exfoliating Pumice
- Electronic controls with auto-off can be controlled by convenient remote control or the touch of your finger.
- Soothe the soles of your feet with deep-penetrating infrared heat therapy.



**Back Massager With Heat** W-23.101

Enjoy a Massage While you Drive

**Features**

- 5 massage points help relieve stress for the back and shoulders.
- Soothing heat relaxes and helps ease stiffness in the back.
- Vary the intensity of the massage with 2 settings.
- Easy-to-use ergonomic controller allows you to have individual zone control.
- AC home and 12V auto adaptors included.

Also available in 6-point reversible, 8-point and 10-point massager.



**eLounge™ Massaging Recliner**

W-24.101

- **Features:** Perfect for your family room, this massage chairs has a contemporary, comfortable design with smooth lines and luxuriously padded, faux black leather.
- **Advanced Quad-Roller** massage mechanism with 3D motion
- For ultimate comfort, this chair has four massage functions: Kneading, tapping, kneading & tapping and Rolling.
- This chair brings you relief to where you need it with 4 massage programs: Upper, Lower and Full Back + Demo.
- **Multiple convenience features:** Cup holder, pass-through electrical outlet, tilt wheels for easy mobility.



**Comfort Lift Chair**

W-25.101

- Each luxury lift & recline chair is hand crafted in our facility using decades of motion furniture experience.
- Designed to perform year after year using advanced technology backed by the best warranty.
- Smooth, quiet lifting system offers a secure lift for the best performance.

**Health Benefits**

- Provides relief for hip and knee replacements and arthritis
- Reduces lower back pain and relieves muscle tension
- Elevates the feet and hip above the heart for improved circulation
- Relieves swelling in legs, ankles and feet

Size: Medium  
 Weight Capacity: 375 LB  
 Recline Positions: 3  
 Back Type: 3 Pillow

Battery Back Up: Yes  
 Overall Width: 36"  
 Overall Height: 44"



- ◀ Built in cup holder and tray
- ▶ Sit, recline or lift and stand with the touch of a button